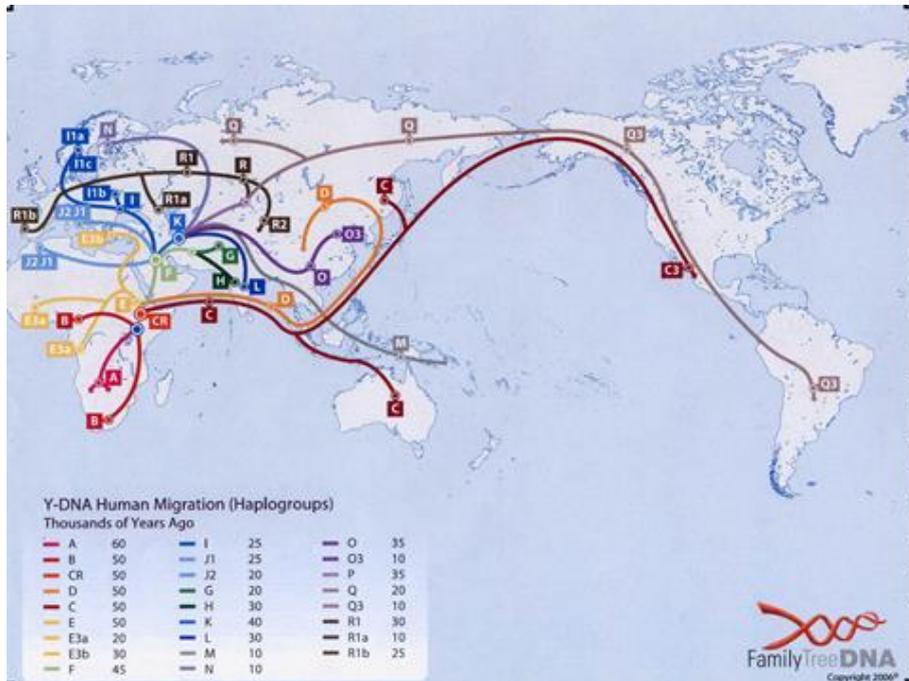


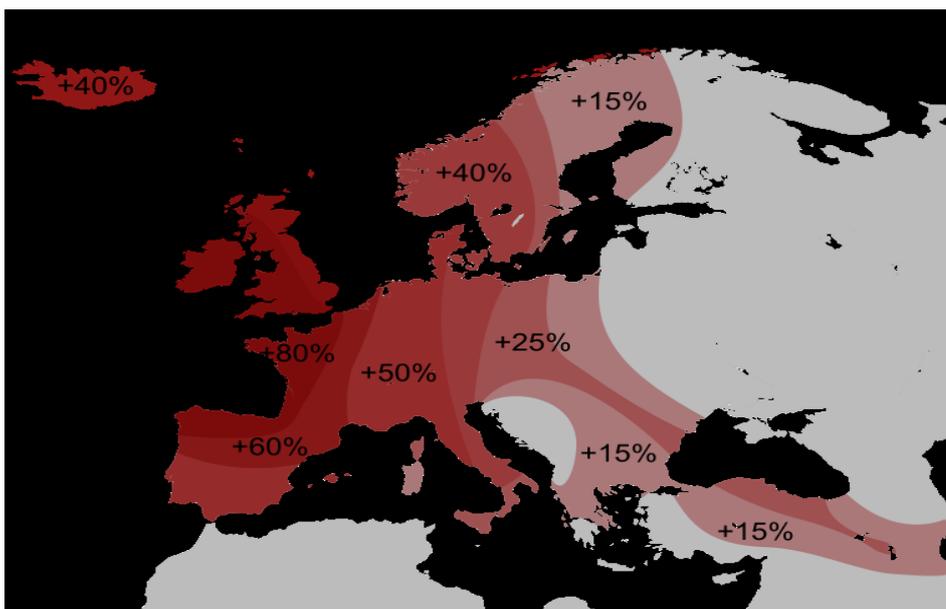
Haplogroup origins and migration shown on this map.

G-M201 in green may have originated in India or Pakistan 20,000 years ago and has dispersed into Central Asia, Europe and the Middle East.

R-M groups in brown spread across Europe /Asia within 30,000 years.



Haplogroup R is the most prevalent haplogroup in Europe, and one of the oldest. The following map shows the spread and saturation of haplogroup R1b.



In the Beginning.....

All of mankind originated in Africa, the mother continent.



Individual haplogroups did not exist in the beginning. Y-line Adam existed, and he of course had the first haplogroup to be passed along to descendants who survived. The path from Adam to haplogroup R took a very long and interesting route. Adam lived about 60,000 years ago in what is now the area in or near Kenya, in Eastern Africa.

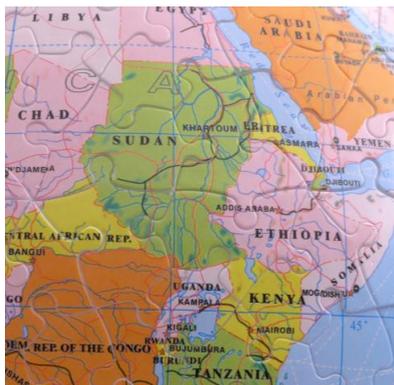
Thanks to Familytreedna for information following our tests.

Meet Adam

Adam, the first known human to have descendants that survived to modern times was born about 60,000 years ago in Africa. All humans alive today, all 6.5 billion of them, descend from this one single man, a thought that is truly amazing to ponder.

Today, genetically speaking, the San Bushmen of the Kalahari desert are the oldest people in Africa, descending directly from Y-line Adam and are genetically the “closest” to him of the people who remain. Interestingly enough, Spencer Wells tells us in his documentary, Journey of Man, that the San Bushmen physically incorporate the features of all of the races on earth today, with mongoloid shaped eyes, the more traditional African features, plus the refined facial features that would come to be known as Indo-European. Looking at these people in his documentary, one can see all of the people throughout the world today. They are all of us.

Meet Adam Jr., Eurasian Adam



Sometime between 45,000 and 55,000 years ago (some researchers say 31,000-79,000 years ago), a descendant of Adam, known affectionately as Eurasian Adam, haplogroup CR, left Africa and lived probably in Ethiopia or Sudan. Sudan is mostly vast plain and it borders the Nile River. Ethiopia borders the Sudan and is the home of the Great Rift Valley, home of the oldest hominid fossils yet discovered, and the Blue Nile Gorge. Today, Ethiopia is a land of hundreds of tribes, each with their own history and many different languages.

In the 5000-15,000 years, or 200-600 generations between Adam and Adam Jr., three SNP mutations had taken place to create first haplogroups A and BR who never left Africa, and then finally haplogroup CR who would leave Africa and serve as the founder of all of the populations of the rest of the world. Every population that lives outside of Africa is descended from Eurasian Adam.